

## Acts of Kindness Advent Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Pack a bag full of toiletries for 'Share the Dignity' Domestic violence survivors. Drop off at Bunnings.	<b>2</b> Do another family member's chore without being asked.
<b>3</b> Pack a box for a member of the Defence Force serving overseas. Free postage. See website.	<b>4</b> Go to a local park / beach and pick up litter.	<b>5</b> Wait at the letterbox for your mailman and give him/her a box of chocolates & a thank you card.	<b>6</b> Buy some items of food and place in a community Christmas hampers for the needy.	<b>7</b> Help an elderly person decorate their home for Christmas.	<b>8</b> Buy a newly married couple a Christmas decoration.	<b>9</b> Clean out your toy cupboard & bookcase and donate the toys & books to charity or a waiting room.
<b>10</b> Invite the neighbours for a street Christmas party or BBQ.	<b>11</b> Send an encouragement card to someone who lives on their own.	<b>12</b> Cook dinner for your family. Lay the table nicely with encouraging notes at everyone's places.	<b>13</b> Look through overseas aid gift catalogues & choose a gift to buy for a needy overseas family.	<b>14</b> Go to your local Fire Station or Police Station and give them a thank you card and chocolates.	<b>15</b> Give the garbage collector an icy cold can of drink when he collects your rubbish.	<b>16</b> Babysit kids for a single mum or mum without much support.
<b>17</b> Buy a dozen roses and give one rose at a time to elderly people you see in the shopping centre.	<b>18</b> Bake some biscuits and take to an elderly person to wish them a Happy Christmas.	<b>19</b> Let someone get in line in front of you.	<b>20</b> Buy little bottles of bubble blowers and give out to children you see today.	<b>21</b> Phone or visit an elderly person, relative or someone shut in and have a chat with them.	<b>22</b> Make up thank you notes and put them in the letterboxes of people with outdoor nativity sets & lights.	<b>23</b> Have a meal with your family and get everyone to share 3 things they love about each other.
<b>24</b> Bake a birthday cake & decorate it to celebrate Jesus' birthday tomorrow.	<b>25</b> As you unwrap presents, help by putting all the paper in a rubbish bag & help tidy the room.	<b>26</b> Get mum and dad breakfast in bed. Play quietly so they can sleep in.	<b>27</b> Write thank you notes for your presents.	<b>28</b> Help pack away the Christmas tree and all the Christmas decorations.	<b>29</b> Make up activity packs with colouring sheets, pencils, paper, stickers in Ziploc bags & give to A&E Dept.	<b>30</b> Make a list of things you're thankful for and share it with your family.