

Acts of Kindness Advent Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Pack a bag full of toiletries for 'Share the Dignity' Domestic violence survivors. Drop off at Bunnings.	Do another family member's chore without being asked.
3	4	5	6	7	8	9
Pack a box for a member of the Defence Force serving overseas. Free postage. See website.	Go to a local park / beach and pick up litter.	Wait at the letterbox for your mailman and give him/her a box of chocolates & a thank you card.	Buy some items of food and place in a community Christmas hampers for the needy.	Help an elderly person decorate their home for Christmas.	Buy a newly married couple a Christmas decoration.	Clean out your toy cupboard & bookcase and donate the toys & books to charity or a waiting room.
10	11	12	13	14	15	16
Invite the neighbours for a street Christmas party or BBQ.	Send an encouragement card to someone who lives on their own.	Cook dinner for your family. Lay the table nicely with encouraging notes at everyone's places.	Look through overseas aid gift catalogues & choose a gift to buy for a needy overseas family.	Go to your local Fire Station or Police Station and give them a thank you card and chocolates.	Give the garbage collector an icy cold can of drink when he collects your rubbish.	Babysit kids for a single mum or mum without much support.
17	18	19	20	21	22	23
Buy a dozen roses and give one rose at a time to elderly people you see in the shopping centre.	Bake some biscuits and take to an elderly person to wish them a Happy Christmas.	Let someone get in line in front of you.	Buy little bottles of bubble blowers and give out to children you see today.	Phone or visit an elderly person, relative or someone shut in and have a chat with them.	Make up thank you notes and put them in the letterboxes of people with outdoor nativity sets & lights.	Have a meal with your family and get everyone to share 3 things they love about each other.
24	25	26	27	28	29	30
Bake a birthday cake & decorate it to celebrate Jesus' birthday tomorrow.	As you unwrap presents, help by putting all the paper in a rubbish bag & help tidy the room.	Get mum and dad breakfast in bed. Play quietly so they can sleep in.	Write thank you notes for your presents.	Help pack away the Christmas tree and all the Christmas decorations.	Make up activity packs with colouring sheets, pencils, paper, stickers in Ziploc bags & give to A&E Dept.	Make a list of things you're thankful for and share it with your family.